

FACIAL FILLER POST-PROCEDURE DETAILS

WHAT TO EXPECT

- ≡ To maximize your comfort during the procedure, a topical anesthetic may be applied prior to the injection(s). In some cases, a local numbing medication can be injected into or around the area(s) to be treated.
- ≡ To ensure a smooth and even correction, your provider may massage the area(s) treated, which may cause a temporary, minimal amount of redness to your skin.

RECUPERATION + HEALING

- ≡ You may have swelling, bruising and / or tenderness at the injection site.
- ≡ You may apply an ice or cold gel pack to the area(s) treated (avoiding pressure) as this helps reduce swelling and the potential for bruising.
- ≡ Once you have adequately cooled/iced the area(s) and any pinpoint bleeding from the injection site(s) has subsided, you may wear makeup.
- ≡ Stay in a vertical position for four hours following injection. DO NOT “rest your head” or lie down; sit upright.
- ≡ You may take Acetaminophen/Tylenol if you experience any mild tenderness or discomfort.

AVOID THE FOLLOWING

- ≡ Avoid this procedure if you are pregnant or breastfeeding, are allergic to any of its ingredients, or suffer from any neurological disorders.
- ≡ AVOID placing excessive pressure on the treated area(s) for the first few days; when cleansing your face or applying makeup, be very gentle.
- ≡ AVOID exercise or strenuous activities for the remainder of the treatment day; you may resume other normal activities/routines immediately.
- ≡ AVOID extended UV exposure until any redness/swelling has subsided. Be sure to apply an SPF 30 or higher sunscreen.
- ≡ Wait a minimum of 2 weeks before receiving laser treatments.

CONTACT OUR OFFICE IF YOU EXPERIENCE:

- ≡ Develop signs of infection (increasing swelling, pain, heat or surrounding redness) or if the treated area appears to be getting worse.
- ≡ Are experiencing significant pain that is not relieved by the recommended pain medication listed in recuperation and healing section.
- ≡ Develop severe swelling, redness, or bruising that is not getting better after two weeks.

FOLLOW UP

- ≡ 6-12 months after each treatment for maintenance injections.